

### What's the main issue?

As part of our daily routines, people discharge wastewater down the drain. Since the invention of the garbage disposal which can grind even the hard stuff such as small bones and fruit peels, people throw or pour substances down the drain without thinking of the consequences to pipes, the environment or what it would indirectly cost them.

Putting trash down the kitchen sink or any other drain in the house can cause pipes to clog, burst or backup. This can potentially lead to expensive, hazardous spills in your home, business, and even our streets, rivers and ocean.

It is more than that of course. Federal and State regulations require a well maintained sanitary sewer system free of clogs and overflows. This can cost more if the public does not do its part in keeping a sewer system free of debris, trash, clogging material, fats, oils and grease.

Users are requested to read these training materials and becoming familiar with simple practices that can save money and prevent needless problems for everyone.



Picture of District SSO that took place on June 16, 2014, due to a blockage caused by FOG.

### Protect LPUD Pipelines

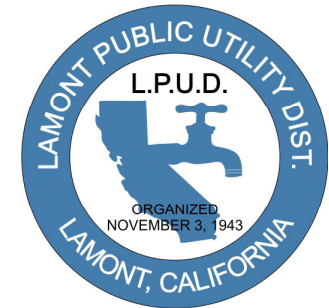
#### **TOILETS ARE NOT TRASH CANS.**

Another common way to damage pipes and create clogs is to use a toilet as a trash can. Only human waste (urine and feces) and toilet paper should ever be flushed down the toilet. These common items should ALWAYS be kept out of the toilet:

- Facial tissue (Kleenex)
- Disposable diapers/baby wipes
- Tampons and tampon applicators/sanitary napkins /mini or maxi pads
- Cotton balls and swabs
- Hygiene wipes (even if it says flushable)
- Condoms
- Cleaning wipes of any kind
- Bandages and bandage wrappings
- Automotive fluids
- Paint, solvents, sealants and thinners
- Poisons and hazardous waste
- Cat litter (even if it says flushable)
- Unused medications (dispose at an approved prescription drug take-back event)



## Lamont Public Utility District



### Best Management Practices for Fats, Oils and Grease for General Public



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[www.lpud.org](http://www.lpud.org)

### **Fats, Oils, and Grease (FOG)**

Fats, oils, or grease of animal or plant origin having a reasonable potential to cause interference with or obstruction to the publicly owned treatment works.

### **Not Fats, Oils and Grease (FOG)**

Meat juices, shortening, salad dressings, sandwich spreads, daily products, sauces and butter/margarine



### **FOG Don'ts**

- Never pour FOG down sink drains, garbage disposal or toilets.
- Never send food scraps down the garbage disposal.
- Never dispose of FOG outside, on the ground, or down the storm drain.
- Never pour hot water and detergent down the drain with grease.

### **Misc. Don'ts**

- Never wash food down the sink, especially coffee grounds and eggshells.
- Never let hair escape down the drain as it is very difficult to get out of pipes. Hair will catch and stick to other items.
- Never pour highly-toxic motor oil, pesticides, paint and solvents down the drain as they can cause long-term damage to the environment.



### **FOG Do's**

- Pour small amounts of grease into a non-recyclable container (juice can, empty milk carton, coffee cans, pet food cans).
- Make sure the grease hardens before disposing of it in the trash.
- Before washing, scrape and dry wipe pots, pans and dishes with paper towels and dispose of materials in the trash.
- Use sink strainer to catch food items, and then empty the strainer into your compost bin or trash.
- Pour liquid cooking oil into a leak-proof container (such as the plastic bottle) and bring it to one of the District's FOG collection sites. Contact the District office for more information.

### **Misc. Do's**

- Use your garbage disposal sparingly.
- Use a fine drain screen to catch hair in your bathtub and shower and dispose of it in the trash.
- Bring hazardous liquid items such as motor oil, pesticides, paints and solvents to one of the District's FOG collection sites. Contact the District office for more information.

### **FOG Discharge Prevention**

The following is **PROHIBITED**:

- Discharge of any waste including FOG and/or solid materials removed from Grease Control Device to sewer system.
- Wastewater connections in kitchen area or waste streams with potential for grease-laden wastewater cannot be connected to restroom drain lines. They must be connected to separate Grease Waste line(s) that discharge to an approved Grease Interceptor.
- Discharge of wastewater with temperatures in excess of 140° F to any Grease Control Device.
- Wastewater from dishwashers cannot discharge into Grease Control Devices with a capacity less than 101 gallons.
- The use of biological additives as a supplement to Grease Control Device or introduction of any additives into wastewater system.

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